

Considering Options for BPH

Benign prostatic hyperplasia (BPH) does not have a cure, but the symptoms of BPH, including frequent urination, a weak urine stream, and not feeling empty after urination, can be treated through lifestyle changes, oral medicine, and/or surgery.

For milder symptoms of BPH, lifestyle changes like restrictions on fluid, caffeine, and alcohol intake with regular checkups may be sufficient treatment options. If symptoms of BPH are moderate to severe, and negatively impact quality of life or cause complications, medical treatments such as oral medication and surgery may be required.

New potential options for BPH are currently in development for moderate to severe BPH through clinical research studies, in part because some of the medications for BPH don't work for all men. The PLUS 1 Study is investigating the safety and effectiveness of an experimental study drug that is delivered during a one-time procedure to see if it reduces the symptoms of BPH.

Almost all men will have an enlarged prostate (BPH) as it becomes increasingly common with age.

What is a Research Study?



A research study is a scientific study that evaluates the safety and/or effectiveness of an investigational medicine, drug, or device. A regulatory agency, such as the Food and Drug Administration (FDA) or the Ministry of Health, requires the safe and satisfactory completion of research studies before it will approve a treatment for public use.

Get the most out of the clinical trial experience:

- Ask questions about the study, requirements, and commitment
- Read information carefully
- Know your responsibilities as a study participant
- Be on time and notify the research site if you have to reschedule an appointment

Why Should I Volunteer?

The most important aspect of clinical research is patient participation. Without volunteers future therapy options and safety information would never be available. It takes people like you to further the development of potential future treatment options for those suffering with the same or similar diseases and symptoms.

Thousands of people each year participate in research studies. Your participation in a research study may lead to future therapies or new information about the study drug or procedure, provide knowledge about your health, and have a positive impact on the health and future of men with BPH.



Clinical Trial Information

Local physicians are conducting a research study of an investigational medication that may reduce the symptoms of **benign prostatic hyperplasia (BPH)**.

You may qualify to participate if you:

- ***Experience symptoms of BPH, such as:***
 - » Frequent and/or urgent urination
 - » Not feeling empty after urination
 - » Weak or interrupted urine stream
- ***Are 50 years of age or older***
- ***Do not have prostate cancer***

If you qualify for participation, all study-related care will be provided at no cost and insurance is not needed.

To learn more about The PLUS 1 Study, please contact:

Alliance Research Centers

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Changing your BPH treatment?

Consider your options.

